Troop 282 Personal Clothing and Equipment List

TEN ESSENTIALS - REQUIRED FOR EVERY HIKE: * at least one per every three scouts			
☐ Water in a 1 Qt Wide Mo Poly Bottle ☐ Extra Food (trail mix) ☐ Rain gear & Extra Cloth (pants and jacket or poncho	sun screen & lip balm Topographic map (i & Compass *	n) n ziplock bag) Kit	☐ Matches (in waterproof container) & Fire starter (or candle) ☐ Scout knife * ☐ Flashlight (with fresh batteries, extra batteries & spare bulb)
REQUIRED FOR EVERY OVERNIGHT:			
TEN ESSENTIALS and: ☐ Backpack w/frame & waist ☐ Pack cover (or large garbage ☐ Ground Cloth (water proof) ☐ Sleeping Bag in plastic bag. (20 degree rating) ☐ Foam sleeping pad ☐ Eating Utensils, Plastic cup ☐ 2 extra large garbage bag ☐ 50' nylon cord (1/8 inch) ☐ Biodegradable soap ☐ Small towel ☐ Toothbrush & tooth paste ☐ Watch ☐ Personal medications (must ☐ Trowel or spade ☐ Toilet Paper &/ wet wipes ☐ Insect repellent ☐ Extra clothes to wear home	e bag) (f) (g) (g) (g) (g) (g) (g) (g) (g) (g) (g	☐ Long sleeved☐ Insulating lad☐ Windbreaked☐ Hiking bood☐ T-shirt (pred☐ Underwear☐ Hiking sock☐ Sock Liners☐ Gaiters☐ Hat &/ bander Pack:☐ Extra T-shir☐ Extra under☐ Camp shoes☐ Work glove	channing shorts (one pair) channing shorts (waterproofed channing shorts (waterproofed channing shorts (waterproofed channing shorts (one pair) channing shorts (waterproofed channing shorts
OPTIONAL: Water tablets Pencil & notepad Rubber bands Camera / film / batteries Cards & travel games Shampoo Ice axe Bug Hats w/mesh Fishing gear & license	 □ Binoculars □ Handkerchief or tissues □ Spending money □ Day pack □ Scout handbook □ Reading material / field guides □ Camp chair or seat 	ADD FOR A WINTER HIKE: ☐ Winter Underwear (top & bottom) ☐ Mittens or gloves ☐ Sleeping bag liner ☐ Warm coat ☐ Insulated boots (optional)	

NOTES:

On backpacking trips leave room in backpack for patrol gear and food

One of our objectives is to keep the packs as light as is reasonably possible. To make the trip as fun as possible during hiking, each boy should carry only 20% of their weight.

No electronic devices, no tobacco, no drugs, no alcohol, no aerosol or glass containers

REMEMBER: COTTON KILLS: Try not to use any cotton clothing. NO jeans, cotton t-shirts, etc. WOOL OR POLYPROPYLENE IS BEST